

Visitor Safety Guidelines at TRIUMF during the COVID-19 public health emergency

Updated September 10, 2021

While the COVID-19 public health emergency is in effect, TRIUMF is enacting additional safety measures to prevent the spread of the virus. To ensure everyone's safety, it is crucial that [visitors follow these and regular lab safety protocols](#), as well as those set by the provincial and federal governments. TRIUMF's measures are designed to keep everyone at the lab safe while maintaining an active and productive research program.

BEFORE coming to TRIUMF or TRIUMF House:

1. Communicate with your TRIUMF Contact and determine if your presence (or that of your subordinates) is necessary at this time
 - Be aware that without this, your visit pre-approval request most likely will be denied
2. Submit the [Request Pre-approval to Visit TRIUMF](#) form
 - Found at the "For Scientific Visitors" page on the TRIUMF website
 - Visitors must receive travel pre-approval from the Deputy Director, Research before being allowed to come to TRIUMF or book TRIUMF House
3. Complete your mandatory training courses assigned to you by your TRIUMF Safety Supervisor, including the [Return to Site Orientation](#)
 - This is a prerequisite to get an access card or to keep an existing card enabled

ON YOUR FIRST DAY at TRIUMF:

1. Please ensure that you bring your own face covering. Starting August 25, 2021, masks or face coverings are mandatory in shared indoor spaces for all staff, visitors, contractors, and other personnel. Masks or face coverings are also required outside where a 2-metre distance cannot be maintained.
2. Please arrive at TRIUMF reception with your TRIUMF Contact (or designate) during office hours (nominally weekdays 9:00 AM-1pm)
 - Please check with your TRIUMF Contact or our website for office hour updates
 - Please disinfect your hands at the hand sanitizing station
3. Confirm with reception that all mandatory training has been completed
 - If completed, your access card will be activated
 - If not, there will be an opportunity to do so while at reception
 - This will only be necessary on your first visit to the site
4. If applicable, fill out the online [Visitor Travel Information form](#)
 - This will provide crucial contact tracing information for visitors arriving by air

ON SUBSEQUENT DAYS when arriving at TRIUMF throughout the rest of your visit:

1. Please ensure that you bring your own mask or face covering.
2. Please disinfect your hands at the hand sanitizing station before entering the badge room.

TRIUMF Face Mask Guidelines

Updated September 10, 2021

Starting August 25, 2021, masks or face coverings are mandatory in shared indoor spaces (including the badge room) for all staff, visitors, contractors, and other personnel. Masks or face coverings are also required outside where a 2-metre distance cannot be maintained. Individual comfort levels, circumstances, and health status vary and we must be respectful and safe in our interactions.

All areas on site are no longer be subject to COVID related occupancy limits; the MOB Auditorium (limited to 50 occupants) and lunchrooms will be open. You can:

- Share an office
- Sit in adjacent cubicles
- Each lunch with a colleague
- Host larger, in-person meetings

Moving forward, continue to maintain good hand hygiene, get vaccinated, and monitor your health. If you are sick, stay home. Any changes in health status must be reported to your supervisor or TRIUMF contact, who will then take appropriate actions following guidance outlined in the Communicable Disease Prevention Plan. You must report a change in health even if you are working remotely. **DO NOT COME TO TRIUMF IF YOU ARE SICK IN ANY WAY.**

Instructions if travelling to TRIUMF or if feeling unwell

Visitors travelling by air may become exposed to the COVID virus by fellow passengers. Please check the [BC Center of Disease Control](#) and the [Government of Canada websites](#) for daily updates on flights with COVID-positive passengers on board.

If you experience any COVID-like symptoms (e.g. fever, shortness of breath, or coughing, or if you feel you could have been exposed to the COVID-19 virus):

- If you are off site, please **DO NOT COME TO TRIUMF**. Please call 811 and follow the medical advice given.
- If you are on site and require first aid, call x7333 and ask for a first aid attendant.
- Advise your supervisor/contact and Occupational Health and Safety (OHS, see below) who will jointly carry out an assessment.
 - Terry Sanghera (tsanghera@triumf.ca, Ext: 6231 or Cell: 778-929-2697)
 - Ken Waters (kwaters@triumf.ca, Ext: 6686 or Cell: 604-833-7940)
 - Joe Mildenberger (joseph@triumf.ca), Ext: 7661 or Cell: 236-999-7984)
- Based on the assessment, your supervisor /contact and OHS will determine the best course of action.
- If begin to feel symptoms in the 14 days after departing TRIUMF, please contact the OHS and your supervisor/contact.

Please consult the [TRIUMF Communicable Disease Prevention Plan](#) for more information